EPISIOTOMY SUTURING SIMULATORS
For use with midline episiotomy simulator (LF00691U), left mediolateral episiotomy simulator (LF00692U), and right mediolateral episiotomy simulator (LF00693U)
INSTRUCTION MANUAL
About the Simulators...
The *Life/form*® Mediolateral & Midline Eposiotomy Suturing Simulators have been designed to demonstrate and practice the procedure of suturing an episiotomy. The anatomy of the surrounding area has been reproduced to provide as lifelike an appearance as possible. Standard instruments can be used to do the suturing.

**Internal Structure**
The simulators are made of suturable material to provide lifelike experiences for students. The material is easy to suture, but tough enough to withstand hundreds of practice hours.

**Procedures that can be Performed on the Simulators**
The procedure for suturing an episiotomy can be performed using standard instruments.

- Materials needed:
  1. Needle holder
  2. Suture (00 or 000 chromic catgut)
  3. Scissors

**General Instructions for Use***
1. It is recommended that the deep sutures be placed first. Therefore, evenly place three interrupted sutures into the perineal incision.
2. Complete the repair by beginning 1 cm above the vaginal apex with a stasis structure. After tying this suture, cut the short end only and continue on with locked mattress sutures to the introitus.
3. Next, insert the needle down into the perineal subcutaneous tissue, just in front of the needle exit hole from the last vaginal structure. In this way, the vaginal suturing will not open up.
4. Continue with evenly placed unlocked continuous surgical gut structures. When the last suture is placed, insert the needle subcutaneously, and exit subcuticularly (1 cm below the epithelium) at the posterior apex of the perineal incision.
5. Begin subcuticular structures, alternating sides until the introitus is reached again. The suture can be tied off at this point with one last lateral suture to make a tail of the suture with which to tie.

6. Taking the last subcuticular suture back under the hymenal ring into the vagina, one last lateral suture between previously placed mattress sutures can also be done to end the repair. (In this way, the knot will not rub on the perineal pad and cause discomfort to a real woman’s episiotomy.)

*This is only one method, other methods are also acceptable.

Care of Simulators…
Normal soil accumulated on the surface of the simulators can be removed with mild soap and lukewarm water.

Solvents or corrosive materials will damage the simulators. Never place on any kind of printed material, paper or plastic. These materials will transfer indelible stains. Ball point pens will also make indelible stains.
Other Available Life/form. Simulators

LF00698U  Adult Injectable Arm (White)
LF00855U  Male Catheterization
LF00856U  Female Catheterization
LF00901U  Prostate Examination
LF00906U  Ostomy Care
LF00929U  Surgical Bandaging
LF00957U  Enema Administration
LF00958U  Pediatric Injectable Arm
LF00961U  Intramuscular Injection
LF00984U  Breast Examination
LF00995U  Pediatric Injectable Head
LF01005U  First Aid Arm
LF01008U  Intradermal Injection Arm
LF01012U  Heart Catheterization (TPN)
LF01019U  Ear Examination
LF01027U  Peritoneal Dialysis
LF01028U  Suture Practice Arm
LF01034U  Suture Practice Leg
LF01036U  Spinal Injection
LF01037U  Hemodialysis Practice Arm
LF01038U  Episiotomy Suturing Set
LF01042U  Suture Kit
LF01062U  Pelvic, Normal & Abnormal
LF01063U  Stump Bandaging, Upper
LF01064U  Stump Bandaging, Lower
LF01069U  Cervical Effacement
LF01070U  Birthing Station
LF01082U  Cricothyrotomy
LF01083U  Tracheostomy Care
LF01084U  Sigmoidoscopic Examination
LF01087U  Central Venous Cannulation
LF01095U  Blood Pressure Arm
LF01108U  Infant Intraosseous Infusion
LF01121U  Advanced IV Arm
LF01131U  Venipuncture and Injection Arm
LF01139U  Advanced IV Hand
LF01142U  Auscultation Trainer
LF01143U  Testicular Exam
LF01152U  Male & Female Catheter
LF01155U  Advanced CPR Dog
LF01162U  Venatech IV Trainer
LF01174U  NG Tube & Trach Skills

LF01184U  Venatech IM & Sub Q
LF01193U  Special Needs Baby
LF03000U  CPARLENE® Series
LF03601U  Adult Airway Management Trainer with Stand
LF03602U  Adult Airway Management Manikin
LF03609U  Child Airway Management Trainer with Stand
LF03616U  Child CRiSis™ Manikin
LF03617U  Deluxe Child CRiSis™ Manikin with Arrhythmia Tutor
LF03620U  PALS Update Kit
LF03623U  Infant Airway Management Trainer with stand
LF03632U  Child Intraosseous Infusion/Femoral Access Leg on a Stand
LF03633U  Child Airway Management Trainer Torso
LF03693U  Basic Buddy™ CPR Manikin
LF03699U  “Airway Larry” Airway Management Trainer
LF03709U  Infant CRiSis™ Manikin
LF03720U  Baby CRiSis™ Infant CPR Manikin
LF03750U  Fat Old Fred
LF03760U  Airway Management/Cricoid Pressure Trainer
LF03770U  Chest Tube
LF03953U  CRiSis™ Manikin, complete
LF03955U  Deluxe CRiSis™ Manikin
LF03956U  Deluxe “Plus” CRiSis™ Manikin
LF03965U  Adult CRiSis™ Auscultation Manikin
LF03966U  Adult CRiSis™ Auscultation Manikin with ECG Simulator
LF04000U  GERI™/KERI™ Manikin Series
LF04200U  Adult Sternal Intraosseous Infusion
LF06001U  CPR Prompt® Adult/Child Manikin
LF06012U  CPR Prompt® Infant Manikin
LF06200U  CPR Prompt® Keychain Rescue Aid
LF06204U  CPR Prompt® Rescue and Practice Aid

Nasco
Fort Atkinson
901 Janesville Avenue, P.O. Box 901
Fort Atkinson, Wisconsin 53538-0901
1-800-558-9595
www.eNasco.com • E-mail: lifeform@eNasco.com
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